

Roxanne Rosenberg, LCMHC, QS, PMH-C, IPPE

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EDUCATION

Yale University, B.A. in Psychology 2005
Honors in Psychology

Duke University, M.A. in Psychology (Clinical) 2011
University Scholar, James B. Duke Scholar, Duke Endowment Fellow

LICENSES

North Carolina Licensed Professional Counselor 2012

CERTIFICATIONS

Perinatal Mental Health 2018

Qualified Supervisor for Counselors 2023

International Partnership for Perinatal Excellence 2025

EMPLOYMENT DETAILS

Cofounder & Clinical Director, Anchor Perinatal Wellness 2021 – present

- Cofounded and cocreated the Southeast's first perinatal intensive outpatient program
- Oversee client care and supervise program therapists
- Provide consultation to other emerging and existing programs

Owner & Psychotherapist, Rosenberg Psychotherapy 2017 - present

- Own and run a perinatal group mental health practice
- Treat perinatal people with mental health conditions, trauma, infertility, and loss

Adoption Counselor and Doula, A Child's Hope 2016 – 2019

- Counseled women considering placing a child for adoption, evaluated and counseled prospective adoptive parents

Counselor and Trainer, Duke Center for Child and Family Health 2011-2014

- Trained law enforcement and public school personnel on the immediate and long-term effects of childhood trauma; treated children and teens, including pregnant adolescents, who experienced abuse and other trauma

ORGANIZATIONS

SAMHSA Maternal Mental Health Taskforce <i>Member</i>	2023 – present
North Carolina Infant Mental Health Association <i>Board Member</i>	2023 -- present
Postpartum Support International	
<i>NC Board Member (Past Chair)</i>	2018 -- 2024
<i>Peer Consultation Facilitator</i>	2021 – 2024
<i>Conference Submission Reviewer</i>	2021 – present
National Perinatal IOP/PHP Collaborative <i>Cofounder</i>	2022 – present
North Carolina Victims Assistance Network	2017 – 2024
<i>Trainer</i>	
North Carolina Psychological Association	2009 – 2011
<i>Diversity Committee Member</i>	

SAMPLE OF RECENT PRESENTATIONS

Perinatal Mental Health and the Legal System
2025 Indigent Defense Fund CLE

Creating a Perinatal Mental Health System of Care
2023 Postpartum Support International Conference

Introduction to Perinatal Mental Health
2022 NC Society for Clinical Social Work Speaker Series
2023 Early Child Mental Health Taskforce

Maternal Identity Development and Maternal Fetal Bonding
2020 Postpartum Support International Conference

Long-Term of Effects of Childhood Trauma
2016 - 2023 NC Victims Assistance Network Academy

FOREIGN LANGUAGES

Spanish fluency, Portuguese proficiency

OTHER

- Course Completed: Role of the Expert Witness in Establishing the Relationship Between Maternal Mental Illness & Criminally Charged Behavior
- Expert witness in cases of childhood trauma
- DONA-trained birth doula