

ALEXANDRA MAESTRE, Psy.D.

5842 Fayetteville Road, Suite 106, Durham NC 27713

Tel: 919-572-0000 | Fax: 919-572-9999

amaestre@lepageassociates.com

E D U C A T I O N

William James College (Formerly MSPP), Boston, MA

PsyD in Clinical Psychology - August 2017

Forensic Concentration and Latino Mental Health Program

- **Latino Mental Health Program Immersion Experiences:**
 - Costa Rica Rotations
 - Juvenile Correctional Facility – Mental Illness Unit
 - Hospital Nacional Psiquiátrico Manuel Antonio Chapuí y Torres (Psychiatric Inpatient Unit)
 - UNIBE Psychology Clinic
 - Ecuador Rotations
 - Substance Abuse Clinic - Guayaquil
 - HIV intervention/prevention clinic
 - Maternity Hospital – HIV Unit
- **Dissertation:** Language and Cultural Consideration in Juvenile Corrections: A DBT Manual in Spanish

Massachusetts School of Professional Psychology (MSPP), Boston, MA

MA in Forensic & Counseling Psychology - June 2012

University of Puerto Rico, Cayey, PR

BA in Psychology - June 2010

C L I N I C A L E X P E R I E N C E

Lepage Associates Solution-Based Psychological Services Raleigh, NC

Licensed Psychological Associate

June 2021 – Present

- Therapy Services: Individual, Family, and Couple's Therapy.
- Reunification Therapy for Families with High-conflict Divorce and/or Parental Alienation
- Comprehensive Psychological, Educational, Developmental, and Forensic evaluations to include but not limited to Parental Capacity, Custody, Psychosexual, Substance Abuse, Competency, and Immigration.
- Population: Children, Adolescents, and Adults with Diverse Mental Health Diagnoses, Diverse Ethnic Backgrounds, and Legal Involvement.

Houston C.O.P.E.S., PLLC Houston, TX

Part-Time Independent Contractor

March 2019 – May 2021

- Individual Therapy in Residential Treatment Facilities
- Comprehensive Psychological Assessments for Victims of Human Trafficking
- Population: Children and Adolescents

The Adolescent Center and Mental Health Services, Houston, TX

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Part-Time Independent Contractor

March 2018 – May 2021

- Individual and Family Therapy
- Intakes and Treatment Plan Development
- Comprehensive Psychological Assessments (English and Spanish)
- Comprehensive Child Protective Services (CPS) Psychological Assessments
- Population: Primarily Children and Adolescents with Diverse Mental Health Diagnoses, Diverse Ethnic Backgrounds, and Legal Involvement.

Sylvester Consulting, LLC Katy, TX

Part-Time Independent Contractor

September 2019 – May 2021

- Individual Therapy Services
- Population: Adolescents and Adults

Harris County Juvenile Probation Department, Houston, TX

Part-Time Independent Contractor

January 2019 – August 2019

- Comprehensive Psychological Assessments
- Population: Spanish Speaking Youth and Families

Harris County Juvenile Probation Department, Houston, TX

Post-Doctoral Fellowship

September 2017 – August 2018

- Comprehensive Psychological Assessments (English and Spanish)
- Juvenile Waiver/ Certification Evaluations
- Individual Therapy with Detained Juveniles as Needed
- Supervision Experience (Pre-doctoral Interns and Practicum Students)
- Population: Adolescents with Diverse Ethnic Backgrounds and Legal Involvement

Harris County Juvenile Probation Department, Houston, TX

APA Internship (2000 Internship Hours)

August 2016 – July 2017

- Comprehensive Psychological Assessments (English and Spanish)
- Individual Therapy with Detained Juveniles
- Individual and Family Therapy Services for Youth on Probation
- Group Therapy: Anger Management, Emotion Regulation, and
- Social/Communication Skills
- Population: Adolescents with Diverse Ethnic Backgrounds and Legal Involvement

Lemuel Shattuck Hospital (Department of Public Health & Department of Corrections), Boston, MA

Clinical Intern (1000 hours internship)

July 2015 - June 2016

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- Individual Supportive Psychotherapy for Patients with Acute and Chronic Medical Conditions and Legal Involvement & Services for Inmates in Hospital's Prison Unit
- Addiction Services Intakes & Substance Abuse Counseling
- Comprehensive Clinical Assessments to Determine Patient's Eligibility to Receive Office-Based Opioid Treatment (OBOT)

The Center for Psychological Wellness, Warwick, RI

Clinical Intern (1000 hours internship)

September 2014 – June 2015

- Therapy Services: Individual and Family Therapy
- Educational, Psychological and Neuropsychological Assessment
- Population: Adults, Children, Adolescents and Their Families

South Bay Mental Health Center, Brockton, MA

Staff Therapist, Dual Diagnosis Program

November 2012 - July 2014 (Also Practicum site /Job as Placement – 1000 Internship Hours)

- Therapy Services: Individual, Couples and Families, Substance Abuse Counseling
- Adolescent Anger Management Group
- Mentor in Charge of Teaching/Training New Clinicians
- Population: Children, Adolescents, Adults and Elderly with Diverse Mental Health Diagnoses, Diverse Ethnic Backgrounds, and Legal Involvement.

Department of Youth Services/ Worcester Secure Treatment Unit, Westboro, MA

Clinical Intern (600 hours internship)

September 2011- May 2012

- Therapy Services: Individual, Family and Milieu Therapy
- Group Therapy: Dialectic Behavior Therapy Group & Substance Abuse Prevention Group
- Population: Adolescent Male/ Diverse Ethnic Backgrounds and Legal Involvement

Latin American Health Institute, Boston, MA

Clinical Intern (400 hours practicum)

September 2010 - June 2011

“Nuevo Encuentro” Program

- Individual Therapy Services
- Group Therapy: Co-leader Substance Abuse Treatment & Driver-Alcohol Education (DAE) Group
- Population: Adult Spanish speaking clients with mental health, substance abuse, PTSD issues and legal involvement.

P R E S E N T A T I O N S / P A P E R S

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Chibueze, U., Tellez, A., Smith, C., Maestre, A., Brewton, C. (November 2017). *The Psychologists Role in Juvenile Waiver to Adult Court Evaluations*. Workshop- Texas Psychological Association (TPA) Annual Convention, Houston, TX.

Chibueze, U., Tellez, A., Smith, C., Brewton, C., Maestre, A., Wheeler, T. (March 2017). *A Look into Factors and Barriers that Impact Reentry and Treatment Needs for Juvenile Justice Involved Youth: Utilizing an Ecological Approach*. Article Submission- Texas Probation Association (*Texas Probation Journal*).

Padilla-Martinez, V., Maestre, A., Cruz, G. (October 2016). *Exploring Graduate Psychology Programs Offering Training in Latinx Studies*. Poster- National Latino Psychological Association (NLPA) Biennial Conference, Orlando, FL.

OTHER ABILITIES AND CERTIFICATIONS

- Languages: Spanish and English (Fully Bilingual; native Spanish speaker)