

Sara E. Rosenquist, Ph.D., ABPP

CURRICULUM VITA

Professional Employment

1993–present Private Practice Chapel Hill, NC

- Strategic cognitive-behavioral therapy (MCBT, CBT, PET, CBTi, CBT-PS)
- Adjunctive use of motivational interviewing and behavioral activation
- Hypnosis for pain control and preparation for labor/delivery
- Evaluation and treatment of sexual trauma and dysfunctions
- Egg donor and surrogate evaluations for assisted reproductive technology
- Behavioral medicine and health psychology treatment and evaluation
- Pre-surgical evaluations and preparation for invasive procedures
- Hypnosis for pattern interruption and behavior change
- Gottman Style Cognitive Behavioral Marital therapy
- Divorce mediation and readjustment counseling
- Hispanic/Latino mental health (fully bilingual Spanish/English)
- TCK (third culture kids) and cross-cultural adjustment issues
- Cancer2Health Support groups
- Interpersonal Reconstructive Therapy (IRT) process groups
- Mindfulness training classes

1/1988–12/1993 University Of North Carolina Chapel Hill, NC

Clinical Assistant Professor, Department of Psychology

- Taught undergraduate courses in behavioral medicine and personality
- Supervised graduate students in Clinical Psychology

1/1988—12/1993 John Umstead Hospital Butner, NC

Program Coordinator, High Management Program

- Managed treatment unit of violent mental patients
- Coordinated multidisciplinary treatment program

7/1987—1/1988 Holly Hill Hospital Raleigh, NC

Staff Psychologist: Acute Treatment Unit

- Conducted group and individual psychotherapy
- Performed psychological evaluations.

Education

7/1986-6/1987	Duke University Medical Center Residency in Medical Psychology	Durham, NC
9/1979-7/1986	University of Kentucky Ph.D. in Clinical Psychology (APA approved) M.A. in Clinical Psychology (APA approved)	Lexington, KY
1/1976-5/1979	Duke University A.B., Psychology and English (various honors)	Durham, NC

Professional Licensure

Diplomate (Board Certified) in Clinical Health Psychology, ABPP
Fellow, American Academy of Clinical Health Psychology
Licensed Practicing Psychologist #1381—NC Board of Psychology
Health Services Provider in Psychology—NC Board of Psychology
Licensed Practicing Psychologist #0810005908 –VA Board of Psychology
ASCH Certified Consultant in Clinical Hypnosis
Association of State and Provincial Psychology Boards (ASPPB)
Interjurisdictional Practice Certificate (IPC)
Psychology Interjurisdictional Compact (PSYPACT)
APIT through PsyPact #4682

Professional Memberships

American Board of Professional Psychology (ABPP)
American Psychological Association (APA)
Carolina Group Psychotherapy Society (CGPS)
National Register of Health Services Providers in Psychology

Clinical Experience

180 Providence Rd #7A
Chapel Hill, NC 27514
Phone: (866) 337-4911
www.DrSara.com

1988—1993

Clinical Assistant Professor at UNC-Chapel Hill and Program Coordinator of High Management Unit, John Umstead Hospital, Butner, NC. Simultaneous.

Developed behavioral contingency programming for a unit of 37 severely and persistently mentally ill patients who were unmanageably aggressive or self-destructive.

Conducted staff education programs and supervised nursing and activity therapy staff in the implementation of behavioral programs.

Pioneered the implementation of Dialectical Behavior Therapy for Borderline Personality Disorder in the state hospital system (milieu, skills classes, individual therapy, and peer consultation).

Led various administrative and problem-solving team meetings and retreats for professional and paraprofessional staff.

Presented the programs and methods of the Management Unit to the Human Rights Committee.

Under my leadership, the Management Unit earned the distinction of being identified as *the unit with the least use of restrictive treatment (seclusion and restraint) in the entire state hospital system.*

Taught one undergraduate course, either Personality or Behavioral Medicine, per semester.

Supervised up to three graduate students per semester who were assigned two days per week to the Management Unit for clinical practicum. Served as supervisor for graduate clinical psychology assessment practicum.

1987—1988 Staff psychologist, Holly Hill Hospital, Raleigh, NC

Conducted interviews, performed personality, projective, intelligence, and neuropsychological evaluations and participated in treatment team.

Led group therapy and supervised nursing and social work staff who were co-leading the group therapy.

1986—1987 Medical Psychology Resident, Behavioral Medicine Program, Duke University Medical Center

Psychodiagnostic Lab and Combined Medical Specialties Rotations. Conducted clinical interviews, interpreted psychological tests, and wrote psychodiagnostic evaluation reports for psychiatric and medical referrals. Conducted screening evaluations for patients awaiting penile implant, cardiac surgery, and other invasive medical procedures. Conducted neuropsychological evaluations.

Pain Management and Behavioral Physiology Rotations. Worked with hospitalized chronic pain patients. Conducted screening evaluations for biofeedback treatment clinic. Co-lead a behavioral group for chronic pain patients.

1985—1986 Assessment Consultant, Fayette County Public Schools, Lexington, KY

Conducted intellectual evaluations of public school students as part of the process for determining eligibility for special education programs.

1985—1986 Psychology Trainee, Graham B. Dimmic Child Services, Lexington, KY

Conducted intake interviews and psychotherapy with families and children.

1984—1985 Assessment Consultant, McGregor & Associates, Winchester, KY

Traveled to rural Appalachian school districts to conduct intellectual evaluations of public school students as part of the process for determining eligibility and placement in special education programs.

1980—1983 Psychology Trainee, Eastern State Hospital, Lexington, KY

Provided psychological assessment, individual and group psychotherapy to severely and persistently mentally ill patients on a rehabilitation unit and on a community transition unit. Participated in multidisciplinary treatment team. Helped implement behavioral contingency program.

Publications

- 2012 Rosenquist, S. (2012). *When the bough breaks: Rethinking strategies for treating perinatal depression.* American Journal of Clinical Hypnosis (in press)
- 2012 Rosenquist, S. (2012). *Is oral sex really a dangerous carcinogen? Let's take a closer look.* Journal of Sexual Medicine 9 (9) 2224-2232
- 2012 Rosenquist, S. (2012). Proceedings of the 11th biennial congress of the Latin American Society for Sexual Medicine (SLAMS) September 8–11, 2011. The Journal of Sexual Medicine 9: 67-91.
- 2010 Rosenquist, S. (2010) After the Stork: The Couple's Guide to Preventing and Overcoming Postpartum Depression Oakland CA: New Harbinger Press
- 1982 Belmore, S., Yates, J., Bellack, D., Jones, S., and Rosenquist, S. (1982). Drawing *inferences from concrete and abstract sentences.* Journal of Verbal Learning and Verbal Behavior, 21, 338—351.

Invited Presentations

- 2012 Presenter. Sex and the infertility patient. Roundtable presented at the 68th Annual Meeting of the American Society for Reproductive Medicine (ASRM) San Diego, California October 24, 2012
- 2012 Presenter: A peek behind the curtain: Sex and the urology patient. Paper presented at the Society of Urology Nurses of America (SUNA), Wilmington, NC September 6, 2012
- 2011 Presenter: *¿Es el sexo oral un cancerígeno?* Paper presented at the conference of the Sociedad Latino Americana de Medicina Sexual (SLAMS) Buenos Aires Argentina, September 8, 2011
- 2011 Presenter: *Hacia una teoría unificada de la sexualidad humana*. Paper presented at the conference of the Sociedad Latino Americana de Medicina Sexual (SLAMS) Buenos Aires Argentina, September 8, 2011
- 2011 Presenter: *Postnatal depression in men*. First World Congress of Obstetrics, Gynaecology, and Andrology sponsored by the British Society of Psychosomatic Obstetrics, Gynaecology, and Andrology. London, UK March 22, 2011
- 2010 Presenter: After the Stork: Negotiating the transition to parenthood. Philadelphia Family Pride Conference, Bryn Mawr School of Social Work and Social Research. Philadelphia, October 16, 2010.
- 2009 Presenter: Postpartum Sexuality. Evidence-Based Pregnancy, Birth and Postpartum Care, 2nd Annual Science Behind the Art of Maternity Care Conference. Chapel Hill, March 25, 2009
- 2007 Presenter: *Empty Cradle, Aching Heart—treating the emotional, relational, and sexual sides of infertility*. North Carolina Psychological Association Spring Conference. Workshop offering qualifies for 3 hours of NCPA sponsored continuing education credits. Chapel Hill
- 2004 Presenter: *Practical Stress Reduction Techniques for Pregnant and Not-Yet Pregnant Women*. Changing the face of Prematurity: A Women's Health Perspective. UNC-Greensboro, Elliott University Center. Symposium sponsored by the March of Dimes.
- 2000 Presenter: *"Third Culture Kids:" The Benefits and Challenges of Growing up Between Worlds*. Cultural Competence: Making It Happen a conference of the Jordan School of Social Work, UNC-Chapel Hill held at the Sheraton Imperial RTP.
- 1993 Panel Member: *Dialectical Behavior Therapy for Borderline Personality Disorder: An Inpatient implementation*. Presented at the First Annual Psychosocial Rehabilitation Conference held at John Umstead Hospital, Butner, NC.
- 1991 Rosenquist, S., and Wilson, J. (1991, March). *Depression in Couples during and after pregnancy*. Poster presented at the Twelfth Annual Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Book and Article Reviews

- 2010 Leiblum, S. R. (Ed.). (2010). Treating Sexual Desire Disorders: A Clinical Casebook. New York: Guilford Press. Review published in the Journal of Sex and Marital Therapy.

Professional Boards, Committees, Council and Review Activities

- 2013-present Treasurer, Carolinas Group Psychotherapy Society
- 2012-2013 Assistant Editor, NCPA Newsletter
- 2012-present Board of Directors of the NC Society for Clinical Hypnosis (NCSCH), Member at Large
- 2009-present American Board of Clinical Health Psychology Credential Reviewer

Grants and Honors

- 1990—1991 NC DHR grant #90S17 for project entitled *Perceived changes in ward atmosphere after implementation of psychosocial rehabilitation*.
- 1985—1986 NIMH Traineeship #MH15730 in Medical Behavioral Science for dissertation research.

Teaching experience

- 1989—1993 Psychology 28, Personality, University of North Carolina at Chapel Hill.
- 1991—1993 Psychology 145, Behavioral Medicine, University of North Carolina at Chapel Hill.
- 1983 Psychology 539, Interpersonal Dynamics, University of Kentucky.
- 1984 Psychology 532, Theories of Personality, University of Kentucky.